

## Rosh Hashanah and Yom Kippur

Rosh Hashanah and Yom Kippur are among the most important holy days in the Jewish religion. In the year 2010, Rosh Hashanah occurs from sundown on September 8th to sundown on September 10th. Ten days later, Yom Kippur begins at sundown on September 17th and lasts until sundown on September 18th.

Rosh Hashanah also marks the beginning of the Jewish New Year. Traditionally, the shofar — which is an instrument made from a ram's horn — is blown. Other traditions include praying near a river or stream and symbolically "casting away" one's sins by throwing bread crumbs or pebbles into the water. At mealtime, apples and honey serve to symbolize a "sweet" New Year.

The ten days that span Rosh Hashanah and Yom Kippur are known as the Ten Days of Repentance or the Days of Awe. It is traditionally believed that a person's fate for the coming year is determined on Rosh Hashanah, but that fate is not sealed until Yom Kippur. The time in between is spent asking for forgiveness from those one has wronged and repenting for one's sins. When Yom Kippur arrives, the day is marked by fasting, wearing white to symbolize purity, and spending the day in synagogue in prayer.

## National Grandparents Day

In 1978, President Jimmy Carter signed a proclamation declaring the first Sunday after Labor Day to be National Grandparents Day. The proclamation's preamble states that National Grandparents Day will serve "... to honor grandparents, to give grandparents an opportunity to show love for their children's children, and to help children become aware of strength, information, and guidance older people can offer."

The creation of this holiday was largely the result of efforts by Marian McQuade, who worked throughout her life to serve seniors. She sought to teach young people of the valuable wisdom and experience older people can share with them, and she encouraged them to "adopt a grandparent" as well.

This year, National Grandparents Day falls on September 12th. How will you commemorate it? Make a point to spend some time with your grandparents on this day, and let them know how important you think they are. And if you are a grandparent, sit back, relax, and enjoy this special day. Happy Grandparents Day!

## National Hispanic Heritage Month

National Hispanic Heritage Month begins on the 15th of September, and lasts through October 15th. Its duration — spanning two separate calendar months — makes it as special as the people it represents.

The observance began in 1968 as a week-long celebration commemorating the independence of a good number of Latin American countries, including Mexico, Costa Rica, El Salvador, Nicaragua, Honduras, Guatemala, and Chile. By 1988, the event was expanded to last a month, during which families, communities, educational organizations, and others celebrate Hispanic heritage with activities and ceremonies. According to the U.S. Census Bureau, Hispanic people comprised 15% of the country's population in 2008.

Some notable Hispanic Americans in U.S. history include: Senator Dennis Chavez, who sought fair treatment of the Hispanic veterans of World War II; Nydia Velazquez, who was the first Puerto Rican woman to serve in the House of Representatives; and Severo Ochoa, who won the Nobel Prize for laboratory synthesis of DNA and RNA. This is just a small sampling of the many contributions Hispanic people have made to the United States. Without Hispanic Americans, the United States would not be what it is today.

## Featured Community

### Savannah Court and Cove of Maitland



This unique retirement community, which is nestled among the oaks surrounding Lake Charity, is licensed for 112 assisted living residents and additionally features Savannah Cove, a skilled nursing area licensed for 39 residents. This campus approach provides a level of care unsurpassed in the industry. Hospitality abounds, from our sunlight-filled living rooms to our four-star menu served graciously in our beautiful dining rooms. Residents can enjoy the cultural diversity of the Maitland community or choose a quiet stroll on the grounds of our beautiful campus. Apartments are available in a variety of floor plans, from studios and deluxe studios to full one-bedroom apartments; private and semi-private accommodations are available in our Cove. Additional amenities include planned activities, housekeeping, private dining, and 24-hour on-site healthcare. Call 407-645-3990 today for a tour!

## Your Staff

*Paulette Buono*  
Executive Director

*Jamie Rohr*  
Resident Care Coordinator

*Maria Danaher*  
Resident Programming Coordinator

*Teresa Curry*  
Food & Beverage Coordinator

*Angela Johnston*  
Resident Relations Coordinator

# SLM Times

September 2010



## Letter from the Executive Director

I can hardly believe it is September already! We have a fun-filled month on our calendar. The month begins with our Labor Day Buffet Luncheon. Remember that families are welcome for any of our Dining Room meals and Special Events. Music of all kinds is scheduled throughout the next four weeks: The Kitchen Band, Stew Clayton, The Forgiven, Sounds of Eric on the Piano, Big Band Day with Johnnie, September Birthdays and Music with Len, and Country Music with Bobbie. We are hosting a 9-1-1 Appreciation BBQ event for the emergency teams that serve our community. The 12th is Grandparents Day, so mark your calendars. Other events include our Tea Party, Cheese Pizza Day, Men's Luncheon on the 20th, our next Health Seminar on the 22nd, and, finally, our Recipe/Cookbook Club wraps up the month's events on the 28th. We would love to see you in our community sharing, enjoying, and spending quality time with your loved ones and our staff.

With warm regards,  
*Paulette Buono*

## September Birthdays

Dolly E., 9/13  
Helen C., 9/26

## Month at a Glance

- |   |   |
|---|---|
| <b>9/3:</b> Create-a-Calendar Club  | <b>9/14:</b> Tea Time with Teresa & Maria                   |
| <b>9/6:</b> Labor Day Buffett Luncheon                                    | <b>9/15:</b> Cheese Pizza Day                               |
| <b>9/8:</b> Rosh Hashanah   | <b>9/15:</b> Seminar with The Butterfly Lady, Debbie        |
| <b>9/9:</b> The Kitchen Band  | <b>9/17:</b> Happy Hour & The Sounds of Eric on Piano       |
| <b>9/10:</b> Out & About: Resident Shopping                               | <b>9/18:</b> Big Band Swing Day with Sounds of Johnnie      |
| <b>9/11:</b> Call 9-1-1: A Day For Appreciation — Music with Stew Clayton | <b>9/20:</b> Men's Day Luncheon                             |
| <b>9/12:</b> Assisted Living Week   | <b>9/22:</b> Health Seminar with Nancy & Ask-a-Question Day |
| <b>9/12:</b> Grandparents Day Social                                      | <b>9/25:</b> Monthly Birthday Party & Music with Len        |
| <b>9/13:</b> Music with The Forgiven and Welcome Party                    | <b>9/28:</b> Swap Idea Day & Recipe Book Club               |
|   | <b>9/29:</b> Country Music with Bobbie                      |

[www.SavannahCourtOrangeCity.com](http://www.SavannahCourtOrangeCity.com)



## Savannah Court of Orange City

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Phone: 386-775-3030 • Fax: 386-775-3637 • Assisted Living Facility License #9243



# Savannah Court of Orange City

# September 2010

SUNDAY

MONDAY

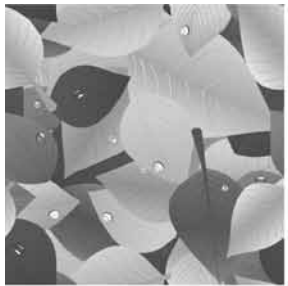



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

				<p>9:00 Chair Aerobics 9:30 Word Play <b>10:00 Fun Time with Crista</b> 10:15 Bingo 1:30 Jeopardy 2:30 Card Club 2:45 Walk About 6:45 Domino Club</p>	<p>9:00 Fittercise 9:30 Brain Games 10:15 Mexican Dominoes 10:45 Walk About <b>1:30 Bible Study with Larry</b> 2:30 Card Club 6:30 Kings in the Corner</p>	<p>9:00 Chair Aerobics 9:45 Create-a-Calendar Club 10:45 Walk About <b>1:30 Joker Eno</b> 6:45 Domino Club</p>
<p>10:30 Walk About <b>2:00 Church Services with Minister James</b> 3:30 Movie Time 6:45 Card Club</p>	<p><b>LABOR DAY</b> 9:00 Chair Aerobics 9:45 Word Play 10:15 Bingo <b>12:00 Labor Day Celebration: Buffett Luncheon</b> 1:45 Horseshoes 2:30 Card Club 2:30 Ralph on the Harmonica 6:45 Domino Club</p>	<p>9:00 Fittercise 9:30 Brain Games <b>10:00 Rosary &amp; Communion</b> 11:15 Walk About 1:30 Rummikub 2:30 Card Club 6:30 Kings in the Corner</p>	<p><b>ROSH HASHANAH BEGINS</b> 9:00 Chair Aerobics <b>9:30 Monthly Weight &amp; Blood Pressure Clinic</b> <b>10:00 Fun Time with Crista</b> 10:15 Bingo <b>1:30 Wheel of Fortune</b> 2:30 Card Club 6:45 Domino Club</p>	<p>9:00 Fittercise 9:30 Brain Games <b>10:00 The Kitchen Band</b> 10:45 Walk About 1:00 Kings in the Corner <b>1:30 Bible Study with Larry</b> 2:30 Card Club 6:30 Kings in the Corner</p>	<p>9:00 Chair Aerobics 9:30 Out &amp; About Resident Shopping 10:45 Walk About 1:30 Joker Eno 6:45 Domino Club</p>	<p><b>PATRIOT DAY</b> 9:00 Seniorcise 9:30 Garden Club 10:15 Mind Games <b>2:00 Call 9-1-1: A Day for Appreciation — Music with Stew Clayton</b> 3:00 Rummy 6:30 Kings in the Corner</p>
<p><b>GRANDPARENTS DAY</b> Assisted Living Week 10:30 Walk About <b>2:00 Church Services with Minister James</b> 2:45 Grandparents Day Social 3:30 Movie Time 6:45 Card Club</p>	<p>9:00 Chair Aerobics 9:45 Word Play 10:15 Bingo 1:45 Horseshoes 2:30 Card Club 2:30 Ralph on the Harmonica <b>6:30 The Sounds of the Forgiven and Welcome Party</b> 6:45 Domino Club</p>	<p>9:00 Fittercise 9:30 Brain Games <b>10:00 Rosary &amp; Communion</b> 11:15 Walk About <b>2:00 Tea Time with Teresa and Maria</b> 2:30 Card Club 6:30 Kings in the Corner</p>	<p><b>Cheese Pizza Day</b> 9:00 Chair Aerobics 9:30 Word Play <b>10:00 Fun Time with Crista</b> 10:15 Bingo <b>2:00 Seminar with the Butterfly Lady, Debbie</b> 2:30 Card Club 6:45 Domino Club</p>	<p>9:00 Fittercise 9:30 Brain Games 10:15 Mexican Dominoes 10:45 Walk About <b>1:30 Bible Study with Larry</b> 2:30 Card Club 6:30 Kings in the Corner</p>	<p><b>YOM KIPPUR BEGINS</b> 9:00 Chair Aerobics 9:30 Brain Games 10:45 Walk About <b>2:00 Happy Hour and Eric on Piano</b> 6:45 Domino Club</p>	<p>9:00 Seniorcise 9:30 Garden Club 10:15 Mind Games <b>10:30 Retired Greyhound Visit with Molly</b> 1:30 Bingo <b>2:00 Big Band Swing Days with the Sounds of Johnnie</b> 3:00 Dominoes 6:30 Kings in the Corner</p>
<p>10:30 Walk About <b>2:00 Church Services with Minister James</b> 3:30 Movie Time 6:45 Card Club</p>	<p>9:00 Chair Aerobics 9:45 Word Play 10:15 Bingo <b>12:00 Men's Day Luncheon</b> 1:45 Horseshoes 2:30 Card Club 2:30 Ralph on the Harmonica 6:45 Domino Club</p>	<p>9:00 Fittercise 9:30 Brain Games <b>10:00 Rosary &amp; Communion</b> 11:15 Walk About 11:30 Out &amp; About: Residents' Choice 1:45 Horseshoes 2:30 Card Club 6:30 Kings in the Corner</p>	<p><b>Ask-a-Question Day</b> 9:00 Chair Aerobics 9:30 Word Play <b>10:00 Fun Time with Crista</b> 10:15 Bingo <b>2:00 Health Seminar with Nancy: Make Sure You Ask Those Questions</b> 2:45 Walk About 6:45 Domino Club</p>	<p><b>FIRST DAY OF FALL</b> 9:00 Fittercise 9:30 Brain Games 10:00 Walk About 10:15 Mexican Dominoes 10:45 Walk About <b>1:30 Bible Study with Larry</b> 2:30 Card Club 6:30 Kings in the Corner</p>	<p>9:00 Chair Aerobics 9:30 Bake Club <b>10:30 Retired Greyhound Visit with Thomas</b> 10:45 Walk About 1:30 Bingo 6:45 Domino Club</p>	<p>9:00 Seniorcise 9:30 Garden Club 10:15 Mind Games <b>2:00 Monthly Birthday Party &amp; Music with Len</b> 3:00 Rummy 6:30 Kings in the Corner</p>
<p>10:30 Walk About <b>2:00 Church Services with Minister James</b> 3:30 Movie Time 6:45 Card Club</p>	<p>9:00 Chair Aerobics 9:45 Word Play 10:15 Bingo 1:30 Resident Council Meeting 1:45 Horseshoes 2:30 Card Club 2:30 Ralph on the Harmonica 6:45 Domino Club</p>	<p>9:00 Fittercise 9:30 Brain Games <b>10:00 Rosary &amp; Communion</b> 11:15 Walk About <b>2:00 Recipe Book Club</b> 2:30 Card Club 6:30 Kings in the Corner</p>	<p>9:00 Chair Aerobics 9:30 Word Play <b>10:00 Fun Time with Crista</b> 10:15 Bingo <b>2:00 Country Music with Bobbie</b> 2:30 Card Club 2:45 Walk About 6:45 Domino Club</p>	<p>9:00 Fittercise 9:30 Brain Games 10:15 Mexican Dominoes 10:45 Walk About <b>1:30 Bible Study with Larry</b> 2:30 Card Club 6:30 Kings in the Corner</p>	